



How to Use Art for 5 Min a Day to
Increase Productivity

The **F**amily Workbook



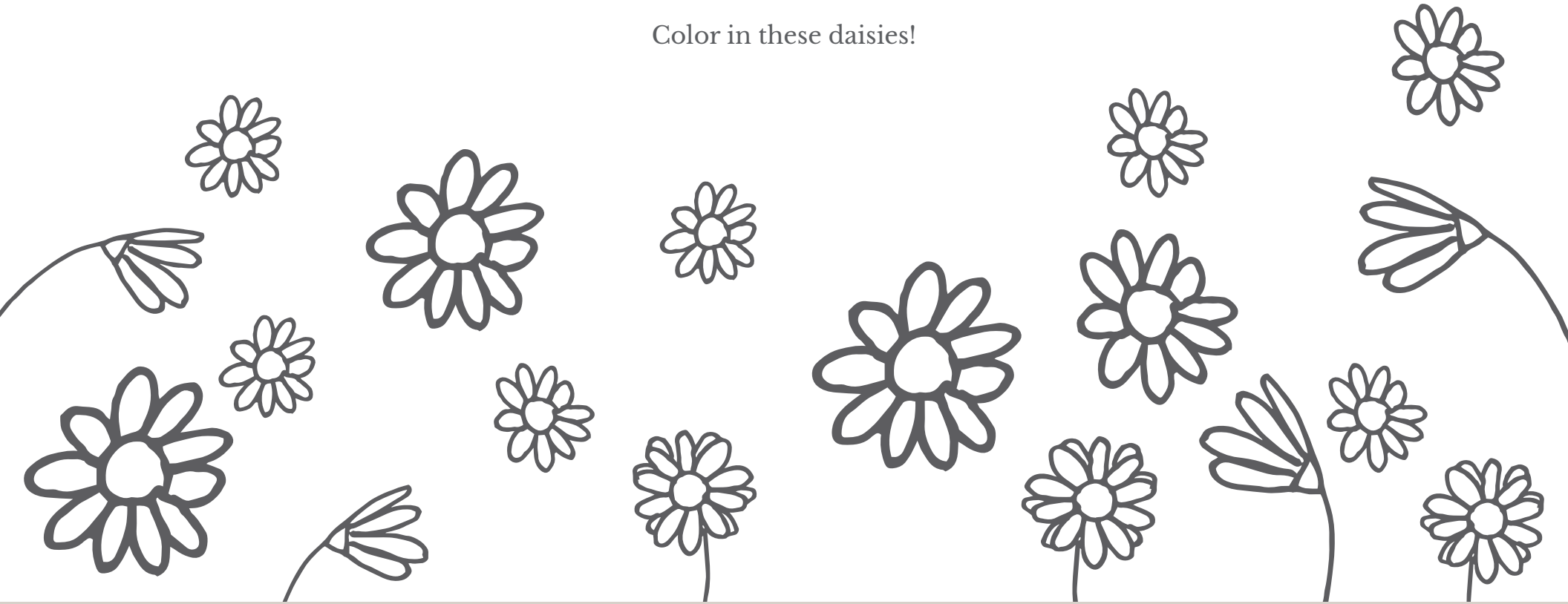


Daisy Doodles

Did you know coloring and drawing
actually makes you smarter?

Cool right?

Color in these daisies!

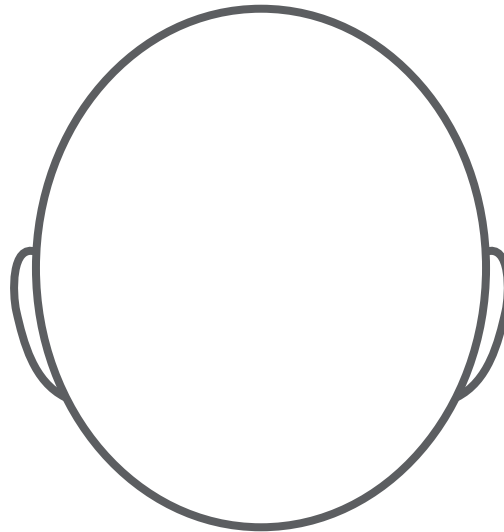




Let's imagine

What do you think you look like?

Draw and color your face!





Draw your own Daisies

Remember we colored in some daisies?
Now let's learn to draw your own!



Now draw your own, here!

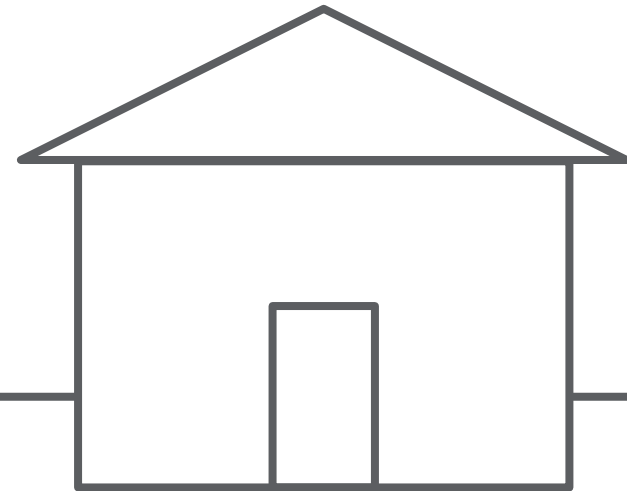
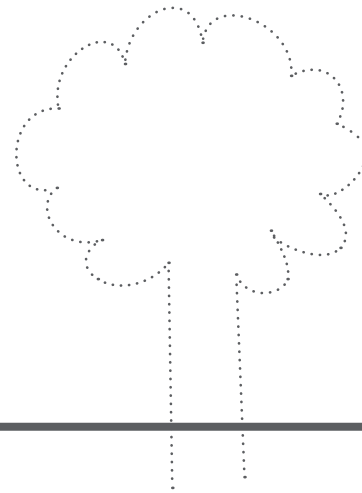


Let's imagine

Draw the house of your dreams!

What does it have?

- A big backyard?
- A chicken coop?
- A water slide?
- A tree house?





Make a story

Draw a superhero mouse!
What's their superpower?

